

MAZOTOS

SPRINT TRIATHLON

2 JUNE 2024

750m | 20k | 5k

REGISTRATIONS ON
www.triathloncy.com



[triathloncy.com](http://www.triathloncy.com)

RACE MANUAL

AGENDA

TRIATHLONCY.COM TEAM

RACE DAY PROGRAM

REGULATIONS

SERVICES

ROUTES

AWARDS & CATEGORIES





THE TEAM



S.A.S Sports Events Organizers, has developed over years into a leading sports event management company.

Our race organization and management services include everything from course design and location-finding through to chip timing and on the day race management.

Our portfolio of races ranges from small community events to larger events organized on behalf of clubs, community groups, local authorities and charities.

With S.A.S Sports Events Organizers you just save the date of your event, everything else is our job

Custom Timing Solutions is Cyprus leading RFID Timing Provider for all types of Sports Events.

From large scale international events to smaller local events Custom Timing delivers top quality timing services tailored to the needs of each organizer.

If you want to organise Triathlon, Running, Cycling, Open Water Swimming, Trail running, Obstacle race or any other sport on any terrain just get in touch with Custom Timing Solutions to have peace of mind and focus only on your event preparations

RACE SCHEDULE

MAZOTOS SPRINT TRIATHLON

SUNDAY 02/06/2024

6.00-7.00 RACE NUMBER PICKUP (START AREA)

6.15 TRANSITION AREA OPENS

7.00 TRANSITION AREA CLOSES

7.05 TECHNICAL UPDATE / FINAL DIRECTIONS

7.15 START MEN CY.TRI.FED

7.20 START WOMEN CY.TRI.FED

7.25 START OPEN CATEGORIES

10.45 AWARDS CEREMONY

11.15 END OF THE RACE

REGULATIONS DUATHLON 2023

- Triathlon Championship Race (Sprint Distance)
- 16+ years old
- 750m Swim, 20km Bike, 5km Run
- Drafting is allowed
- TT, Tri bikes and Road Bikes with bar NOT allowed
- Time Trial helmets are prohibited
- Water bottles if placed behind the saddle are prohibited
- It is forbidden to draft off a different gender athlete
- It is forbidden to draft off an athlete being in a different category
- It is forbidden to draft off an athlete being in a different lap
- Athletes must bring their own swim cap and running race number belt
- Valid CSO Health Card is mandatory for federation athletes

SERVICES

Bib numbers

Electronic Timing

Digital maps and GPX files

Medical assistance before during and after the race

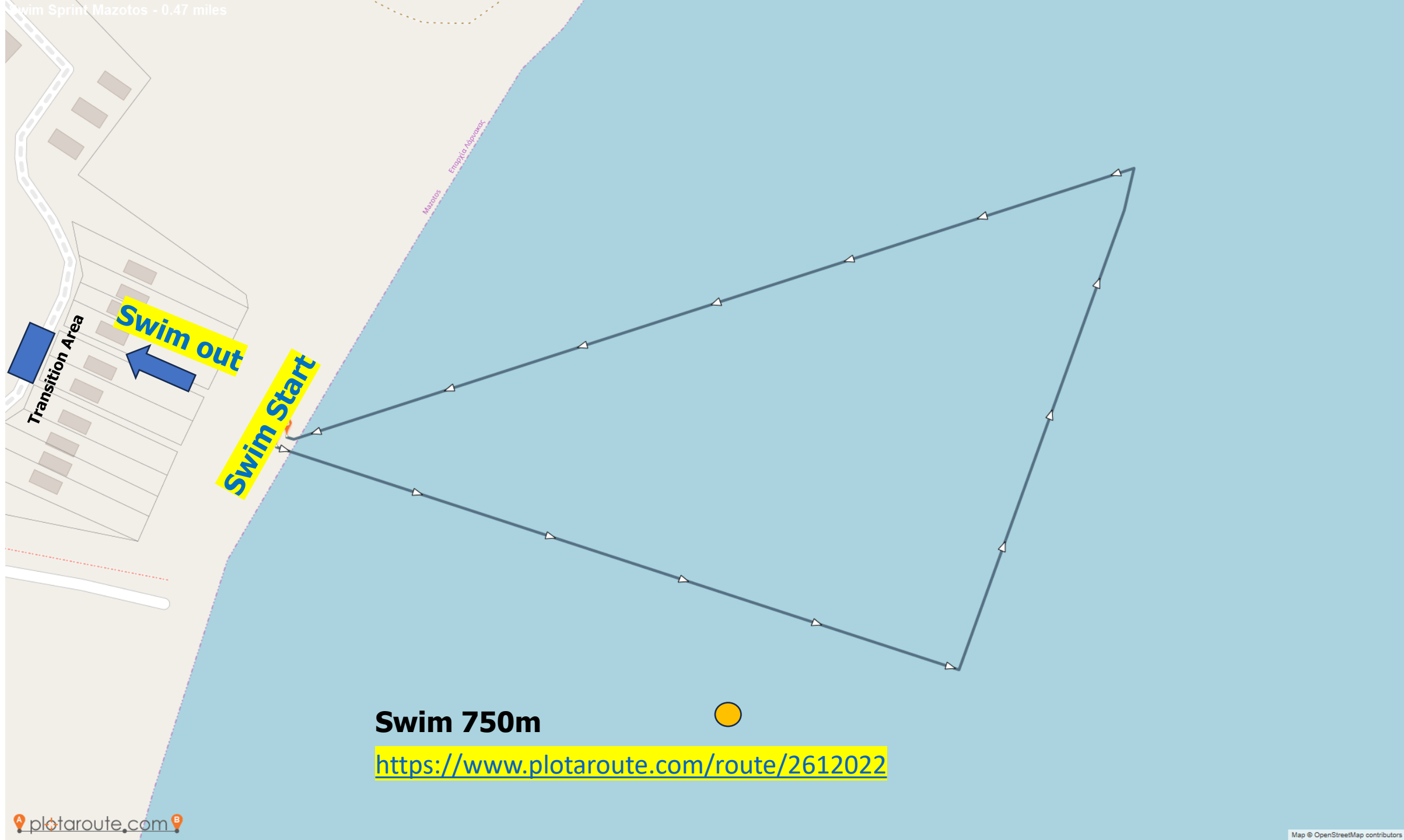
All Roads will be closed for traffic

Route signage and safety

Water and electrolyte station on the Course

Fruits and refreshments at the finish line

Finishers medals



Swim 750m

<https://www.plotaroute.com/route/2612022>

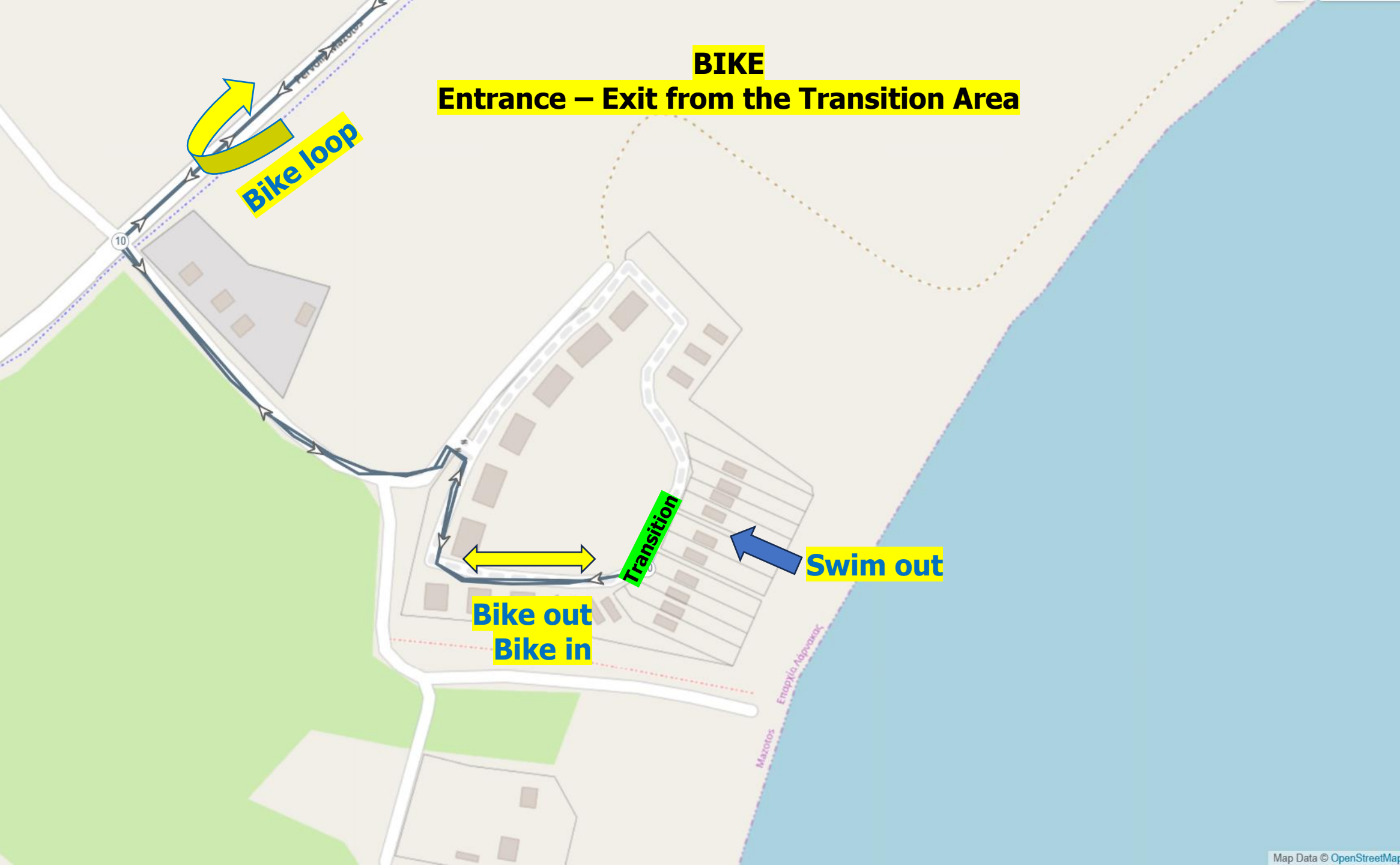


Bike 20km (2 loops)

<https://www.plotaroute.com/route/2612047>

BIKE

Entrance – Exit from the Transition Area



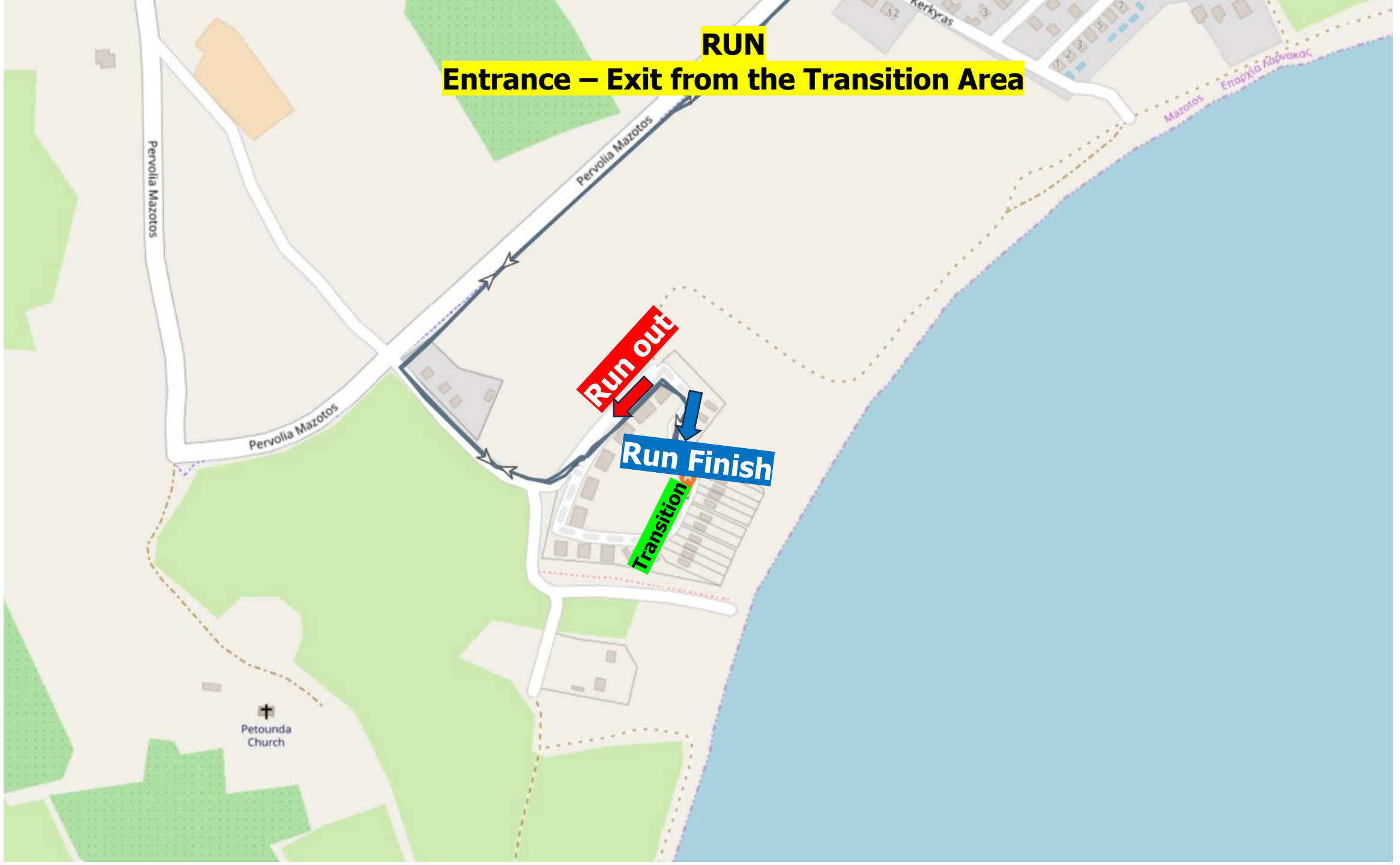


Run 5 km

<https://www.plotaroute.com/route/2612055>

RUN

Entrance – Exit from the Transition Area



AWARDS & CATEGORIES

CY.TRI.FED Championship Categories

First Three Male :16+ yrs

First Three Female :16+ yrs

Open Categories

First Three Male : 16-39 yrs

First Three Female : 16-39 yrs

First Three Male Masters : 40+ yrs

First Three Female Masters : 40+ yrs

First Three Teams Overall

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ENJOY
THE RACE