

Race Book

Ayia Napa Marina Super Sprint Triathlon

 **AYIA NAPA
MARINA** by **ΟΓΑ**

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)



AGENDA

1. TRIATHLONCY.COM TEAM
2. RACE DAY PROGRAM
3. REGULATIONS
4. SERVICES
5. ROUTES
6. AWARDS & CATEGORIES



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)





S.A.S Sports Events Organizers, has developed over years into a leading sports event management company.

Our race organization and management services include everything from course design and location-finding through to chip timing and on the day race management.

Our portfolio of races ranges from small community events to larger events organized on behalf of clubs, community groups, local authorities and charities.

With S.A.S Sports Events Organizers you just save the date of your event, everything else is our job



Custom Timing Solutions is Cyprus leading RFID Timing Provider for all types of Sports Events.

From large scale international events to smaller local events Custom Timing delivers top quality timing services tailored to the needs of each organizer.

If you want to organise Triathlon, Running, Cycling, Open Water Swimming, Trail running, Obstacle race or any other sport on any terrain just get in touch with Custom Timing Solutions to have peace of mind and focus only on your event preparations



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)



RACE DAY PROGRAM SUPER SPINT TRIATHLON 2025

07:00 Transition area - Bib Collection

08:00 Transition area close and secure – entrance only for athletes with bib number

08:30 Start of the Men Cy.Tri,Fed **Yellow Bibs**

08:33 Start of Women Cy.Tri,Fed **Pink Bibs**

08:36 Start of the Open Category **RED Bibs**

08:45 Start of the Kids 10-14yo

08:50 Start of the Kids 8-9yo

11:00 Awards Ceremony

11:30 End of the race



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)



Regulations Super Sprint Triathlon 2025

Triathlon Championship Race (Super Sprint Distance)

- 15+ years old (250m-500m Swim, 6.5-13km Bike, 1.7-3.5km Run)
- Drafting is NOT allowed
- TT, Tri bikes and Road Bikes with bar NOT allowed
- Time Trial helmets are prohibited
- Water bottles if placed behind the saddle are prohibited
- Athletes must bring their own swim cap and running race number belt
- Valid CSO Health Card is mandatory for federation athletes



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)



SERVICES

Bib numbers

Electronic Timing

Digital maps and GPX files

Medical assistance before during and after the race

All Roads will be closed for traffic

Route signage and safety

Water and electrolyte station on the Course

Fruits and refreshments at the finish line

Finishers medals



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)



ROUTES

SWIM 500M



KIDS SWIM 250M



<https://www.plotaroute.com/route/2145182>

<https://www.plotaroute.com/route/2229009>

 **AYIA NAPA MARINA** by **ΟΓΑ**

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

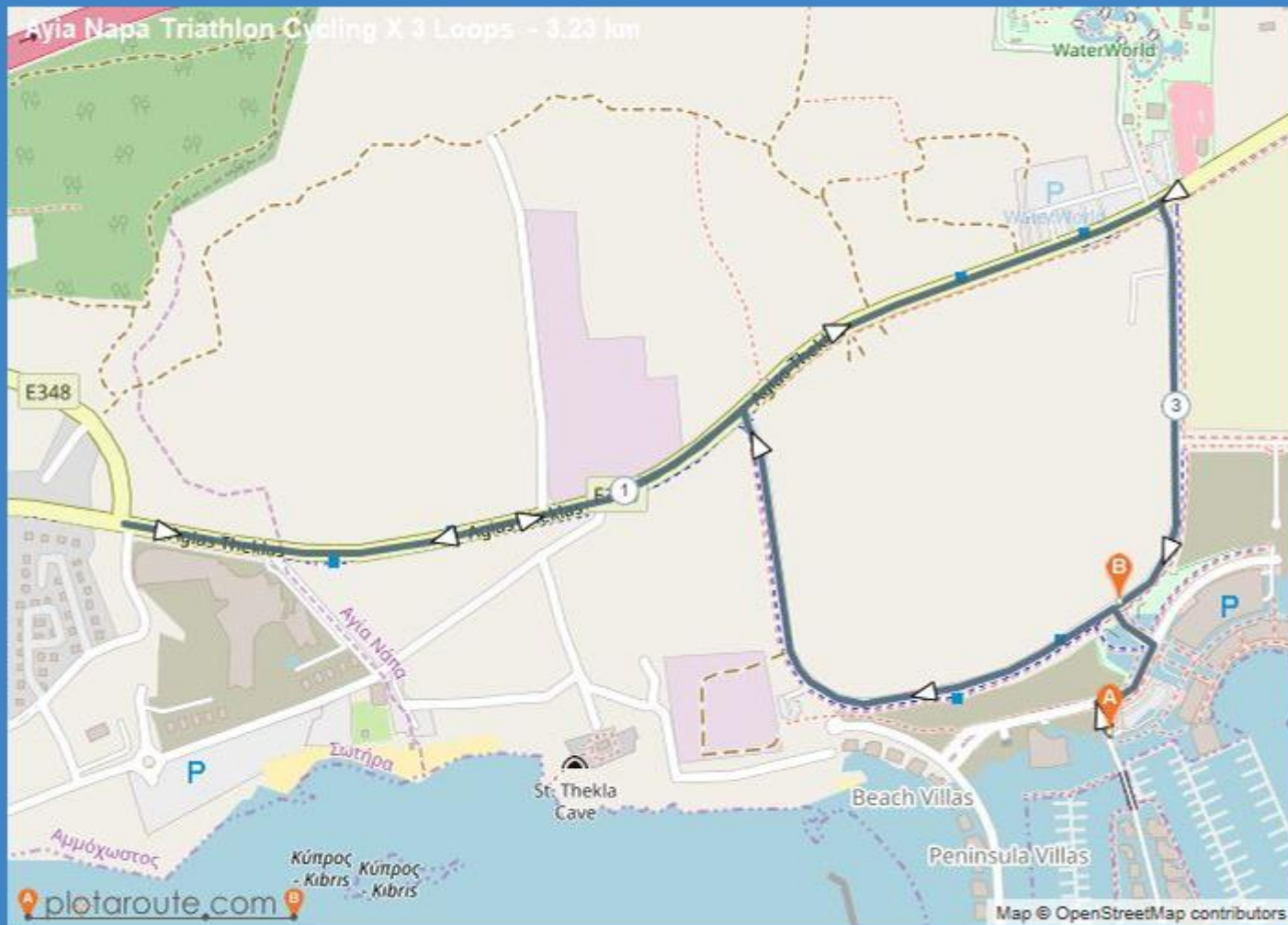
kids SS Triathlon (10-14yo)

kids SS Triathlon (8-9yo)

BICYCLE X 3 LOOPS
KIDS BICYCLE X 2 LOOPS

<https://www.plotaroute.com/route/2145177>

ROUTES



 AYIA NAPA
MARINA by ΟΓΑ

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)

kids SS Triathlon (8-9yo)

Bicycle Route S.O.S Spots



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)

Spot 1

Εξοδος
ποδηλατιστών
από Μαρίνα

Κώνι

Είσοδος
ποδηλατιστών
Μαρίνα

Κώνι

Είσοδος
Αμαξιών
προς Μαρίνα

AYIA NAPA MARINA by ΟΓΑ

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)

Spot 2

CHICKEN
PIZZAS IN PITTA

Blue directional signs

FOOD & DRINKS
97 722150

Κώνοι

Ποδηλατιστές

AYIA NAPA MARINA by ΟΓΑ

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)

Spot 3

Ανάστροφή
Ποδηλατιστώ
v



Κώννοι

AYIA NAPA MARINA by ΟΓΑ

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)

kids SS Triathlon (8-9yo)

TRIATHLONCY.COM

Spot 4

Ποδηλατιστές

Ποδηλατιστές

Spot 2

 **AYIA NAPA MARINA** by **ΟΓΑ**

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)

kids SS Triathlon (8-9yo)



Spot 5

Κώνοι

Ποδηλατιστές

AYIA NAPA MARINA by ΟΓΑ

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)

Spot 6



Αμάξια



Ποδηλατιστές



Ποδηλατιστές



Ποδηλατιστές

Κώννοι

AYIA NAPA MARINA by ΟΓΔ

SUPER SPRINT TRIATHLON

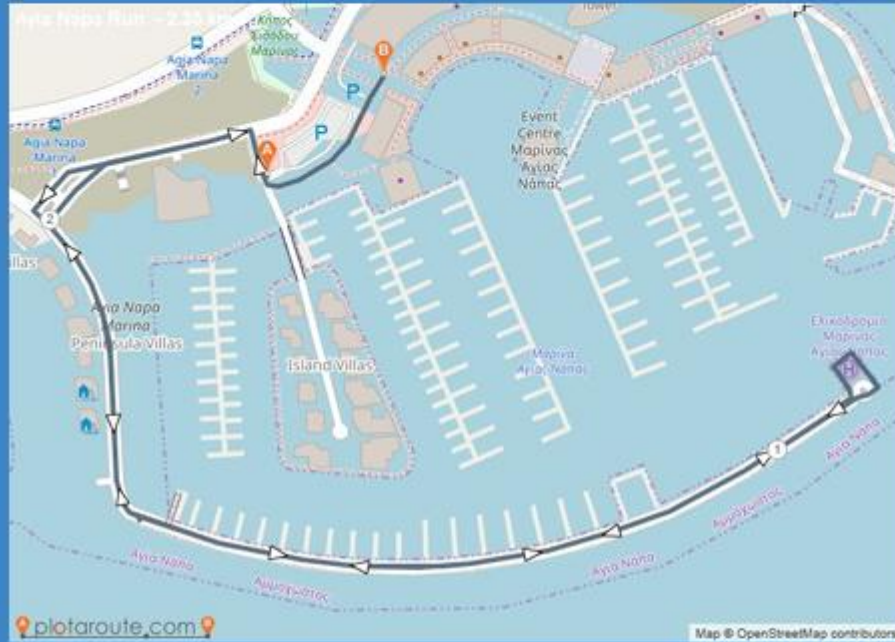
14 MAY 2023

0.5k | 9.5k | 2.3k



ROUTES

RUN



<https://www.plotaroute.com/route/2145180>

<https://www.plotaroute.com/route/2229004>

KIDS RUN



 **AYIA NAPA** by **OTA**
MARINA

SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)

kids SS Triathlon (8-9yo)

AWARDS & CATEGORIES

TRIATHLON CY.TRI.FED Championship Categories

First Three Male :15+ yrs

First Three Female :15+ yrs

First Three YOUTH Male :10-14 yrs

First Three YOUTH Female :10-14 yrs

First Three KIDS Male :8-9 yrs

First Three KIDS Female :8-9 yrs

TRIATHLON Open Categories

First Three Male

First Three Female

First Three Teams Overall



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)

kids SS Triathlon (8-9yo)

Have a Good Race



SUPER SPRINT TRIATHLON

16 MAR 2025

0.5k | 9.5k | 2.3k

kids SS Triathlon (10-14yo)
kids SS Triathlon (8-9yo)

